

***ST. ALOYSIUS SCHOOL***

***2011-2012***

***ATHLETICS HANDBOOK***

An athletic contest is a game.  
Winning the contest is important,  
but  
Winning in life is much more important.

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**The provisions of the St. Aloysius School Parent/Student Handbook are incorporated in this Handbook by reference. Those provisions and the provisions of this Handbook are considered a contractual agreement between St. Aloysius School and each student and parent as well as with each coach of a St. Aloysius team in a school-sponsored CSAL sport or a school-based CYO sport.**

### **Prayer**

HEAVENLY FATHER,  
 Thank You for this day.  
 Thank You for your gifts which enable me to play this sport.  
 Help me to use your gifts through practice and teamwork.  
 Help me to compete to the best of my ability.  
 Let me play well, but fairly.  
 Help me to persevere, to never quit, to never give up.  
 Grant me moments to rejoice, but not at the expense of my teammates or opponents.  
 If we have victory, allow me to be happy; if we are denied, keep me from envy.  
 Help me to remember that sport is just a game.  
 Keep me and the other students safe from injury.  
 Help me to learn something that matters each day  
 If through playing this sport, I set an example, let it be a good one.  
 In the name of your Son, Jesus Christ.

Amen

## **SPORT - POPE JOHN PAUL II**

*"The correct practice of sport must be accompanied by practicing the virtues of temperance and sacrifice; frequently it also requires a good team spirit, respectful attitudes, the appreciation of the qualities of others, honesty in the game and humility to recognize one's own limitations. In short, sports, especially in less competitive forms, foster festive celebration and friendly coexistence. While playing sports, Christians also find help in developing the cardinal virtues—fortitude, temperance, prudence and justice."*

## **DIOCESE OF BATON ROUGE PHILOSOPHY OF SCHOOL-SPONSORED ATHLETICS**

The greatest strength of the elementary and middle Catholic schools of the Diocese of Baton Rouge is the opportunity and responsibility of the administration of each school to consider and use the uniqueness of its circumstances to provide the best Catholic education possible for its students. Within this basic tenet, the first priority of such schools is the overall development and growth of each of our students - spiritually, socially, mentally, emotionally, and physically. School-sponsored intramural and interscholastic athletic programs provide a medium by which students can develop an awareness of their abilities, learn and improve athletic skills, acquire the true meaning of and practice sportsmanship, be a part of a team effort, and have experiences which form foundations for life, particularly in the student's self-esteem and feeling of belonging.

Such programs should emphasize the positive accomplishments of the individual through recognition and praise, development of skills and understanding of the game through instruction and positive constructive criticism, and increased understanding of group effort and interaction toward a common goal. Athletics should be a component of and interact with the spiritual, social, and academic components of the overall school program. Administration, faculty, staff, coaches, parents, and fans are necessary components in nurturing a positive Catholic athletic experience. Schools with interscholastic programs should participate in leagues or programs consistent with this philosophy and that of the individual school.

## **ST. ALOYSIUS SCHOOL ATHLETIC PROGRAM**

**A Winning Purpose** - Our athletic program must (1) demonstrate the values, attitudes, and behavior that reflect and are consistent with the teachings of Jesus Christ, (2) enhance the educational experience of students by teaching self-sacrifice, discipline, and good sportsmanship and (3) foster cooperative attitudes through teamwork. Student improvement in skills and development of confidence shall take precedence over a favorable win-loss record.

**A Winning Philosophy** - We WIN when our students by participating in our athletic program:

- (1) Succeed academically.
- (2) Develop pride in themselves and in their teammates, team, school, and church parish.
- (3) Develop respect for the rights and privileges of teammates, coaches, opponents, and officials.
- (4) Develop a sense of responsibility to the team and teammates.
- (5) Develop a desire to excel and be the best they can be.
- (6) Mature mentally, emotionally, physically, and socially.
- (7) Become willing to make personal sacrifices, putting team achievement ahead of personal achievement.
- (8) Enjoy the spirit of competition.
- (9) Accept victory and defeat with dignity.
- (10) Become leaders on and off the field.

## **TEAMS**

Eligible students will be given an opportunity to participate at their grade/age level. However, if no team is offered at their grade/age level, then the students may be offered participation at a higher grade/age level at the discretion of the athletic director, parents of the student, and the student.

No form of the name "St. Aloysius School" may be used by a team that is not part of a school-sponsored or school-based athletic program.

## **TEAM RULES**

**Faith, family, team, then me.**

**Treat others like I want to be treated.**

**Do what is right even when no one is looking.**

**Do my best.**

**Never, never, never give up.**

**Inform the coaches if I become sick or injured.**

**Take care of the equipment that is assigned to me.**

**Inform the coaches if any of my equipment needs repair or replacement.**

**Come to practice and contests on time and prepared.**

# **ATHLETIC DIRECTOR**

## **Minimum Qualifications**

The athletic director must be a high school graduate or older and be diocesan certified.

## **Appointment**

The athletic director is appointed by the principal and answers directly to the principal. The primary factors considered in the appointment of the athletic director are:

- Evidenced Christian values
- Depth of character and personality
- Ability to communicate with parents, coaches, athletes, and officials
- Sports administration and coaching experience and certification.
- Commitment of time for administration of the program

**Responsibilities** The athletic director is to:

- (1) Carry out the ideals of St. Aloysius School and the expectations of good sportsmanship.
- (2) Be knowledgeable of, accept, comply with, and enforce the mission, philosophy, and guidelines of St. Aloysius School; the philosophy of the Diocese of Baton Rouge; the philosophy, guidelines, rules, regulations, policies, and procedures of the CSAL (or CYO as applicable); the St. Aloysius School Parent/Student Handbook, the St. Aloysius Athletics Handbook; and the St. Aloysius Coach's Manual.
- (3) Manage all activities of the St. Aloysius athletic program.
- (4) Meet with the principal on a regular basis to evaluate the athletic program and implement changes where needed.
- (5) Convey the ideals of St. Aloysius School and the expectations of good sportsmanship to all who work or volunteer to work with the athletic program.
- (6) Recruit coaches for all CSAL school-sponsored and CYO school-based sports, subject to approval of the principal.
- (7) Inform all prospective volunteer coaches of diocesan guidelines for certification.
- (8) Attend CSAL league athletic director meetings.
- (9) Inform the school liaison when assistance is needed with paperwork, forms, etc.
- (10) Prepare and distribute directions and maps to the gyms and sports field of other schools, and update schedules for changes, as necessary.
- (11) Provide on-site supervision at all home contests.
- (12) Direct the purchase and stocking of concessions and record keeping of sales/expenses.
- (13) Ensure collection and record keeping of gate receipts of all contest.
- (14) Schedule gym times and field times for all practices and contests for CSAL school-sponsored, CYO school-based, and other St. Aloysius student sports.
- (15) Conduct coaches meetings regarding sports.
- (16) Conduct parent meetings regarding sports.
- (17) Set up and conduct tournaments and jamborees.
- (18) Inspect all equipment and uniforms and replace when needed.
- (19) Purchase uniforms, team shirts, equipment, supplies, etc. for all sports.

- (20) Distribute to, and retrieve from, coaches and students, uniforms and equipment.
- (21) Ensure a safe playing situation for participating students and officials.
- (22) Ensure that health services are provided for participating students.
- (23) Organize parent work schedules to assure home contests have required parent workers.
- (24) Handle required paperwork for participation in CSAL and CYO.
- (25) Coordinate paperwork with office personnel for each sport season.
- (26) Communicate and organize activities with athletic directors of other league schools.

## **ATHLETIC DIRECTOR'S CODE OF CONDUCT**

### **I. With respect to the school administration, the athletic director:**

- (1) Is positive toward the school administration, athletic program, coaches, officials, team members, and parents at all times.
- (2) Exhibits high standards of personal behavior, attitude, honesty, integrity, and sincerity.
- (3) Respects the integrity and judgment of contest officials.
- (4) Is cordial to opponents and their fans.

### **II. With respect to the sports, the athletic director:**

- (1) Is knowledgeable of the applicable playing rules.
- (2) Is committed to giving time for sport administration.
- (3) Remembers that each sport is for the students and that an athletic contest is only a game.

### **III. With respect to the coaches, the athletic director:**

- (1) Is positive and supportive of each coach in the program.
- (2) Holds coaches accountable for inappropriate behavior.

### **IV. With respect to the participating students, the athletic director:**

- (1) Is positive and supportive of each student.
- (2) Respects integrity and personality of the individual, treats each student as an individual.
- (3) Encourages high standards of conduct and scholastic achievements among all students
- (4) Encourages students to have a winning attitude through perseverance and hard work.
- (5) Creates a positive environment that allows students to develop confidence as well as a competitive spirit.
- (6) Instills values of respect, cooperation, fairness, selflessness, and faith in students.
- (7) Places the emotional and physical well-being of students ahead of personal desire to win.
- (8) Uses influence to make each student's involvement an educational experience that results in character formation, leadership initiative, and good judgment.
- (9) Holds students accountable for inappropriate behavior.

### **V. With respect to parents, the athletic director:**

- (1) Is positive and supportive of parents of participating students.
- (2) Holds parents accountable for inappropriate behavior
- (3) Speaks with parents of students when it is mutually convenient.

# COACHES

## **Minimum Qualifications**

A head coach must be a high school graduate or older and be diocesan certified. Assistant coaches must be high school students or older and be diocesan certified.

Certification under diocesan policy requires:

- (1) Completing and submitting a Catholic Diocese of Baton Rouge Application.
- (2) Reading the Code of Ethics, and signing/submitting the Acknowledgment Form.
- (3) Completing the Safe in Place Training Program online and submitting the certificate.
- (4) Undergoing a background check with the State Police.

## **Selection**

For CSAL sports, head coaches are selected by the athletic director, with the approval of the principal. For CYO sports, head coaches are selected by the program director, with input from the principal.

Assistants are selected by head coaches, with the approval of the athletic director and principal.

The primary factors considered in the selection of coaches are:

- Evidenced Christian values
- Depth of character and personality
- Ability to communicate with athletes, coaches, officials, and parents
- Technical knowledge of sport
- Commitment to teaching students the fundamentals of the sport
- Commitment of time for practices and contests

A parent may not serve as head coach of a team in which that parent may have a son or daughter participating, unless that coach has been head coach at St. Aloysius prior to his/her child's participation or unless, after effort has been made to secure a coach without success, a qualified parent is available.

**Responsibilities** A coach shall:

- (1) Carry out the ideals of St. Aloysius School and the expectations of good sportsmanship.
- (2) Be knowledgeable of, accept, comply with, and enforce the mission, philosophy, and guidelines of St. Aloysius School; the philosophy of the Diocese of Baton Rouge; the philosophy, guidelines, rules, regulations, policies, and procedures of the CSAL (or CYO as applicable); the St. Aloysius School Parent/Student Handbook, the St. Aloysius Athletics Handbook; and the St. Aloysius Coach's Manual.
- (3) Manage all activities of the team.
- (4) Meet with the athletic director on a regular basis to evaluate the team, team members, and assistant coaches, and implement approved changes.
- (5) Convey the ideals of St. Aloysius School and the expectations of good sportsmanship to

- assistant coaches and players.
- (6) Recruit assistant coaches, subject to approval of the athletic director.
  - (7) Inform all prospective volunteer assistant coaches of the need for prior diocesan certification.
  - (8) Attend pre-season and parent orientation meetings.
  - (9) Attend league coaches meetings.
  - (10) Provide health services for team members, but not hand out medications to students.
  - (11) Provide a safe playing situation for the team members.
  - (12) Distribute pertinent information to, and secure forms and fees from, team members.
  - (13) Assist in assignment and maintenance of uniforms and equipment, and in retrieving uniforms and equipment allocated to the team and team members.
  - (14) Inspect all equipment and uniforms and seek repair or replacement as needed.
  - (15) Assist in pre-contest field, court, or track set-up and post-contest field, court, or track take-down or clean-up at home contests.
  - (16) Be responsible for the field, court, or track area during practice.
  - (17) Be responsible for the conduct of team members and assistant coaches before, during, and after all practices and contests.
  - (18) Keep and leave all facilities in clean and safe condition after practice.
  - (19) Perform duties subject to the overall direction of the athletic director, and if an assistant coach, to the specific direction of the head coach.

## COACH'S CODE OF CONDUCT

### **I. With respect to the school administration, the coach:**

- (1) Is positive toward the school administration, athletic program, coaches, officials, team members, and parents at all times.
- (2) Exhibits high standards of personal behavior, attitude, honesty, integrity, and sincerity.
- (3) Respects the integrity and judgment of contest officials.
- (4) Is cordial to opposing coaches, teams, and their fans.

### **II. With respect to the sport, a coach:**

- (1) Is knowledgeable of the applicable playing rules and current strategies of the sport.
- (2) Is committed to giving time for practices and contests.
- (3) Remembers that the sport is for the students and that an athletic contest is only a game.
- (4) Is committed to teaching participating students the fundamentals of the sport.
- (5) Uses coaching techniques appropriate for each skill taught.

### **III. With respect to the team, a coach:**

- (1) Is positive and supportive of each assistant coach.
- (2) Holds assistant coaches accountable for inappropriate behavior.
- (3) Organizes practices that are fun and challenging for all team members.
- (4) Encourages teamwork between team members and prevents separation of highly skilled and lesser skilled groups of team members.

### **IV. With respect to the team members, the coach:**

- (1) Is positive and supportive of each team member.
- (2) Respects integrity and personality of the individual, treats each student as an individual.
- (3) Encourages high standards of conduct and scholastic achievements among all team members.
- (4) Encourages team members to have a winning attitude through perseverance and hard work.
- (5) Creates a positive environment that allows team members to develop confidence as well as a competitive spirit.
- (6) Instills values of respect, cooperation, fairness, selflessness, and faith in team members.
- (7) Places emotional and physical well-being of team members ahead of desire to win.
- (8) Uses influence to make each team member's involvement an educational experience that results in character formation, leadership initiative, and good judgment.
- (9) Holds team members accountable for inappropriate behavior.

### **V. With respect to parents, the coach:**

- (1) Is positive and supportive of parents of team members.
- (2) Conducts practices open to parents. [However, a parent may be barred from practice by the athletic director or principal for inappropriate behavior.]
- (3) Speaks with parents of students when it is mutually convenient.

# SITE SUPERVISOR

## Minimum Qualifications

The site supervisor must be a high school graduate or older and be diocesan certified.

## Selection

The primary factors considered in the selection of the site supervisor are:

- Evidenced Christian values
- Depth of character and personality
- Ability to communicate with parents, officials, coaches, and athletes
- Commitment of time for home contests

## Responsibilities

**The CSAL and the CYO require that the host facility have a site supervisor who is**

**to:**

- (1) Have the facility meeting mandatory league specifications and ready for league play, and have appropriate signs displayed, at the scheduled time.
- (2) Open the facility at the appropriate time:
  - For football and track, one (1) hour prior to the first contest time.
  - For basketball and volleyball, thirty (30) minutes prior to first contest time.
- (3) Meet the contest officials, advise them that he/she is the site supervisor, hold a pre-contest meeting with them to review a check list of league specific rules, provide them the contest balls, outline the procedure for their payment, and have them sign the contest report form.
- (4) Not start any contest prior to its scheduled start time.
- (5) Check with officials for prompt starting of contests and be prepared to discuss with them calling off the contest in the event of storm, lightning, or other event.
- (6) Be prepared to handle any emergency or disturbances which may occur.
- (7) Provide refreshments for the officials.
- (8) Provide for the collection of admission.
- (9) Complete contest report forms and submit as required to the league office. Notification of the ejection of any participant (coach/player/fan) must be listed on the contest report form, together with any other available information or comments.
- (10) Supervise use of playing area during halftime in football and basketball and before, between, and after contests.
- (11) Have access to lights and heating and air conditioning in facilities, should they be needed.

**In addition, the site supervisor, under the direction of the athletic director is to:**

- (1) Carry out the ideals of St. Aloysius School and the expectations of good sportsmanship.
- (2) Be knowledgeable of, accept, comply with, and enforce the mission, philosophy, and guidelines of St. Aloysius School; the philosophy of the Diocese of Baton Rouge; the philosophy, guidelines, rules, regulations, policies, and procedures of the CSAL (or CYO)

as applicable); the St. Aloysius School Parent/Student Handbook, and the St. Aloysius Athletics Handbook.

- (3) Meet with the athletic director on a regular basis to evaluate the conduct of site supervision, including concession stand operations, admission collection activities, and facility and equipment needs, and thereafter implement approved changes.
- (4) Purchase and stock concessions and keeps records of sales/expenses.
- (5) Collect and keep record of gate receipts of all contests.
- (6) Provide a safe playing situation for the students and officials.
- (7) Ensure that health services are provided for the participating students.
- (8) Supervise parents assigned to assist in concession stand operation and admission fee collection activities.
- (9) Perform or direct pre-contest field, court, or track set-up and post-contest field, court, or track clean-up at home contests.
- (10) Perform or direct set-up, take-down, and pick-up athletic equipment at home contests.
- (11) Advise athletic director of any need for equipment repair or replacement.
- (12) Provide for the supply and operation of the concession stand at home contests.
- (13) Keep and leave all facilities in clean and safe condition after home contests.

## **SITE SUPERVISOR'S CODE OF CONDUCT**

### **I. With respect to the school administration, the site supervisor:**

- (1) Is positive toward the school administration, athletic program, coaches, officials, team members, and parents at all times.
- (2) Exhibits high standards of personal behavior, attitude, honesty, integrity, and sincerity.
- (3) Respects the integrity and judgment of contest officials.
- (4) Is cordial to contest officials and opposing coaches, teams, and their fans.

### **II. With respect to the coaches, the athletic director:**

- (1) Is positive and supportive of each coach in the program.
- (2) Holds coaches accountable for inappropriate behavior.

### **III. With respect to the students, the site supervisor:**

- (1) Is positive and supportive of each student in the program.
- (2) Holds students accountable for inappropriate behavior

### **IV. With respect to parents, the supervisor:**

- (1) Is positive and supportive of parents of students participating in the program.
- (2) Holds parents accountable for inappropriate behavior at home contests.

## PARENTS

Parents play an important role in their child's sports experience. They are the guiding force behind their child's attitude. Parental participation is a necessary but parental cooperation is essential. However, if in the opinion of the administration, parent behavior seriously interferes with the athletic process, a parent may be banned from practices and contests and/or the student may be denied participation in St. Aloysius athletics.

**Responsibilities** Parents should:

- (1) Assist their child in maintaining academic and discipline standards.
- (2) NOT force their child to participate in sports.
- (3) Accompany their child to orientation and informational meetings.
- (4) Help their child meet his/her obligations to the team and coach.
- (5) Help their child set realistic performance goals.
- (6) Demand that their child treat other students, teams, coaches, officials, and fans with respect.
- (7) Emphasize to their child that skill development, competing fairly, and doing one's best are more important goals than winning.
- (8) Inform the coach of any physical disability or ailment that may affect the safety of their child or others.
- (9) Not encourage any behavior or practice that would endanger participating students.
- (10) Not coach their child or other team members at a practice or contest, unless a team coach.
- (11) Ensure that their child attends all scheduled practices and contests. If the child is not able to make a scheduled practice or contest, advise the coach in advance.
- (12) Ensure that their child gets to practices and contests on time, is properly dressed, has the necessary equipment, and is picked up after the practice or contest on time.
- (13) Assist in the collection of admission charges and the manning of the concession area at home contests and tournaments.
- (14) Attend contests to support their child and the team.
- (15) Not leave a child or other student at practice or a contest without another parent or adult responsible for the child or student.
- (16) Supervise other children under their care at the practice or contest.
- (17) Properly maintain and return all uniforms and equipment provided by the school.
- (18) Assist in keeping all school athletic facilities in a clean and safe condition.

## **PARENT'S CODE OF CONDUCT**

**Parents should:**

- (1) Observe the regulations and policies of St. Aloysius School and the CSAL/CYO.
- (2) Remember that children participate in sports to have fun and the game is for the students.
- (3) Show respect and courtesy, and demonstrate positive support, for all students, teams, coaches, officials, and fans at each practice or contest.
- (4) Accept the authority of the coach to determine strategy and student selection. Should the parent desire to talk to the coach, it should be done at a mutually agreed upon time and place.

## FANS

Fan support can be a very positive force in an athletic contest or practice by appreciating and commending good effort and skill no matter which individual/team exhibits it.

### FAN'S CODE OF CONDUCT

**Fans should:**

- (1) Show respect toward the officials, coaches and players of both teams.
- (2) Cheer a good play, avoid negative comments, and be supportive.
- (3) Allow the coach to perform his/her duty.
- (4) Not criticize the opponents' players, coaches, or other fans.
- (5) Supervise children under their care at the contest.
- (6) Never drop children off unsupervised at a contest.

## PLAYERS

"Students who represent St. Aloysius School should show good sportsmanship at all times and in all places. Students who participate in school athletics must:

1. Put forth effort in academic work.
2. Be cooperative with teachers and coaches."

\* \* \*

"The following are the requirements for the fifth through eighth graders who participate in our CSAL sports... Eligibility will be based on academic performance.

### **Academics**

Students must maintain an overall "C" average (77.5% and above) in the subject areas which receive number and letter grades for the nine weeks. Eligibility will be based on the next reporting period and will only be reevaluated at the next reporting period. The results of the previous year's fourth nine weeks report card grades will be used to determine eligibility for sports played throughout the first nine weeks of the school year. Each subsequent report card will determine eligibility for the entire nine weeks period that follows.

### **Discipline**

1. Students in grade five who receive six disciplinary referrals will be suspended from the next contest and all practices prior thereto. Any subsequent referral after the sixth will result in suspension from the next contest and all practices prior thereto.
2. Students in grades six, seven and eight who receive two major referrals, one major referral and three minors, or six minor referrals will be suspended from the next contest and all practices prior thereto. Any subsequent referral will result in further suspension of one contest or three contests, and all practices prior thereto, depending on whether the referral is a major or a minor.

The administration reserves the right to remove any student from sports eligibility should a serious incident occur during the school day or at a sports or school related activity.

No student may participate in a scheduled practice or sports event on the same day that the student is absent, checks out for the day or is suspended from school.

No student or younger child should be at an athletic event as a fan without a parent or responsible adult present."

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St. Aloysius School Parent/Student Handbook

## **Participation**

The commitment to a sport team is for the entire season and is paramount to any activity or event other than a family or church parish or school sponsored activity or event. A student should not participate in another sport or on another team in the same sport that will require the student to miss required practices and contests in a school sport. Any practice or contest missed due to such reasons will be considered an unexcused absence.

If a student misses three or more practices or contests without extenuating circumstances, his or her continued eligibility will be reviewed by the coach, athletic director, and school administration.

## **Responsibilities** Each student is to:

- (1) Observe the regulations and policies of St. Aloysius School, the provisions of the Parent/Student Handbook, St. Aloysius Athletics Handbook, and the CSAL/CYO rules.
- (2) Maintain academic and discipline standards.
- (3) Set realistic performance goals.
- (4) Meet his/her obligations to the team and coach.
- (5) Accept the authority of the coach to determine strategy and student selection.
- (6) Attend all scheduled practices and contests. If not able to make a scheduled practice or contest, advise the coach in advance.
- (7) Get to practices and contests on time, be properly dressed, have the necessary equipment, and be prepared to participate with enthusiasm.
- (8) If on medical or excused leave, attend all practices and contests at the discretion of the coach.
- (9) Inform the coach of any physical disability or ailment that may affect the student's safety or the safety of others.
- (10) Avoid behavior or practice that would endanger the health or well-being of other students.
- (11) Properly maintain and return all uniforms and equipment provided by the school.
- (12) Help maintain field, court, gym, or track restrooms, locker rooms, and adjoining areas during and after practices and contests.

## **PLAYER'S CODE OF CONDUCT**

Students will:

- (1) Exhibit high standards of personal behavior, attitude, honesty, integrity, and sincerity.
- (2) Be positive and supportive of our coaches and teams, the athletic director, the athletic program, the school administration, and other team members.
- (3) Remember that sports participation is an opportunity to learn and have fun.
- (4) Encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for, and cooperation with, all other students, teams, coaches, officials, and fans at every practice or contest.
- (5) Concentrate on skill development, compete fairly, play hard, do your best, and never quit.

## SCHOOL-SPONSORED PROGRAMMING - CSAL

The school-sponsored athletic program is administered by the athletic director under the general supervision of the principal. There is a program liaison at school for on-site coordination. The program includes basketball (6th through 8th grade boys and girls), tackle football (6th through 8th grade boys), track and field (5th through 8th grade boys and girls), and volleyball (6th through 8th grade girls). We participate in the Catholic School Athletic League (CSAL).

**PURPOSE OF CSAL** The CSAL is an extracurricular sports program operated through the Diocesan Principals Association. It is organized to provide an opportunity for students enrolled in Catholic schools of the Diocese of Baton Rouge to participate in an organized interscholastic athletic program which is consistent with diocesan philosophy and values.

No standings are kept nor championships awarded or recognized.

**BOYS' BASKETBALL** The **season** begins in mid November and concludes in February. **Practices** are held Monday, Tuesday, and Thursday after school based on coach and gym availability. League **games** are limited to no more than 14. In addition, each team may play in one or two tournaments. League games are played on weekday evenings and Saturday mornings; tournaments are held on weekday evenings and weekends. In the 6th and 7th grade leagues, each student must play at least one full quarter of the game. Each student is issued a **uniform** (game shirt and short) which is to be returned by the student after the season. **Fee - \$130** (Discount to \$95 if, within the current school year, a full registration fee including a family fee of \$35 has been paid for the student or a sibling for a 5th to 8th grade CSAL school-sponsored or CYO school-based sport).

**Age\Grade Eligibility** - The 6th grade team is open to 6th graders who will be at least 10 on September 30th and who will not become 13 prior to September 1st. The 7th grade team is open to 7th graders who will not become 14 prior to September 1st. The 8th grade team is open to 8th graders who will not become 15 prior to September 1st. However, a boy repeating the 8th grade may not participate if he has previously played CSAL basketball as an 8th grader.

**BOYS' FOOTBALL** The **season** begins in August and concludes in mid November. **Practices** may be held Monday, Tuesday, Thursday, and Friday after school and on Saturday morning. League **games** are limited to seven and are played on Sunday afternoons. Each student is issued a **uniform** consisting of a game jersey, helmet, shoulder pads, pants, and other pads which are to be returned by the student after the season. Each student also receives a practice jersey, chin strap, mouthpiece, and red game socks which may be retained by the student after the season. Each student must provide his own shoes. **Fee - \$160** (Discount to \$125 if, within the current school year, a full registration fee including a family fee of \$35 has been paid for the student or a sibling for a 5th to 8th grade CSAL school-sponsored or CYO school-based sport).

**Age\Grade\Weight Eligibility** - The 6th Grade team is open to 6th graders who will be at least

10 on September 30th and who do not become 13 prior to September 1st. The 8th Grade team is open to 7th and 8th graders who will not become 15 prior to September 1st. However, a boy repeating the 8th grade may not participate if he has previously played CSAL football as an 8th grader. Also, a boy who reaches 14 prior to September 1st may not weigh more than 150 pounds. NOTE that (in 6<sup>th</sup> grade, anyone weighing more than 140 pounds) and (in 7th-8th grade, anyone weighing more than 150 pounds) is restricted to playing a down lineman position;

**GIRLS' BASKETBALL** The **season** begins in August and concludes in mid November. **Practices** are held Monday, Tuesday, and Thursday after school based on coach and gym availability. League **games** are limited to no more than 14. In addition, each team may play in one or two tournaments. League games are played on weekday evenings and Saturday mornings; tournaments are held on weekday evenings and weekends. In the 6th and 7th grade leagues, each student must play at least one full quarter of the game. Each student is issued a **uniform** (game shirt and short) which is to be returned by the student after the season. Fee - **\$130** (Discount to \$95 if, within the current school year, a full registration fee including a family fee of \$35 has been paid for the student or a sibling for a 5th to 8th grade CSAL school-sponsored or CYO school-based sport).

**Age\Grade Eligibility** - The 6th grade team is open to 6th graders who will be at least 10 on September 30th and who will not become 13 prior to September 1st. The 7th grade team is open to 7th graders who will not become 14 prior to September 1st. The 8th grade team is open to 8th graders who will not become 15 prior to September 1st. However, a girl repeating the 8th grade may not participate if she has previously played CSAL basketball as an 8th grader.

**TRACK** The **season** begins in mid February and concludes in late April. **Practices** are generally held on Monday, Tuesday, and Thursday from 6 p.m. to 7:30 p.m. The team participates in at least four Saturday or Sunday **meets**. Each student is issued a **uniform** (meet shirt and short) which is to be returned by the student after the season. **Fee** - **\$100** (Discount to \$65 if, within the current school year, a full registration fee including a family fee of \$35 has been paid for the student or a sibling for a 5th to 8th grade CSAL school-sponsored or CYO school-based sport).

**Age\Grade Eligibility** - The 6th grade team is open to 5th and 6th graders who will be at least 10 on September 30th and who do not become 13 prior to September 1st. The 8th grade team is open to 7th and 8th graders who will not become 15 prior to September 1st. However, a student repeating the 8th grade may not participate if the student has previously participated in CSAL track as an 8th grader.

**Participation Restrictions** - Girls who are playing CSAL or CYO volleyball and boys who are playing baseball are not eligible to participate in the track program.

**GIRLS' VOLLEYBALL** The **season** begins in mid February and concludes in early May. **Practices** are held Monday, Tuesday, and Thursday after school based on coach and gym

availability. League **matches** are limited to no more than 14. In addition, each team may play in one or two tournaments. League matches are played on weekday evenings and Saturday mornings; tournaments are held on weekday evenings and weekends. In the 6th and 7th grade leagues, each match will consist of three games, regardless of outcome, and each student must play at least one full game of the match. Each student is issued a **uniform** (match shirt and short) which is to be returned by the student after the season. Fee - **\$130** (Discount to \$95 if, within the current school year, a full registration fee including a family fee of \$35 has been paid for the student or a sibling for a 5th to 8th grade CSAL school-sponsored or CYO school-based sport).

**Age\Grade Eligibility** - The 6th grade team is open to 6th graders who will be at least 10 on September 30th and who do not become 13 prior to September 1st. The 7th grade team is open to 7th graders who will not become 14 prior to September 1st. The 8th grade team is open to 8th graders who will not become 15 prior to September 1st. However, a girl repeating the 8th grade may not participate if she has previously played CSAL volleyball as an 8th grader.

**Participation Restriction** - Girls who are participating in track are not eligible to participate in the CSAL volleyball program. In addition, girls also participating on non-school sponsored sports teams are expected to give first priority to the school team.

**PLAYING RULES** Copies of playing rules for the various sports may be viewed at the school office or through the athletic director.

**REQUIRED FORMS** [The required forms are distributed at practice or may be obtained from the athletic director, the school office, or the school's "Athletics" web page.]

- (1) Uniform Contract and Conflicts Form.
- (2) Medical History Evaluation/Health Examination Form. Prior to participation in a school-sponsored sport, a completed medical history/health examination form must be signed and submitted indicating the student has taken and passed a medical exam within at least the prior 365 days. A medical history/health examination form must be on file for every student who participates in school-sponsored athletics during the school year.
- (3) Registration, Consent, Medical Authorization, Acknowledgment, and Waiver Form. Prior to participation in any school-sponsored sport, a completed "Registration, Consent, Medical Authorization, Acknowledgment, and Waiver Form" must be signed and submitted.
- (4) Athletic Participation Contract Form.

**TRYOUTS** In 6<sup>th</sup> grade, 7<sup>th</sup> grade, and 8<sup>th</sup> grade CSAL basketball and volleyball, when the number of students signing up for a team exceeds the number of students a team may have (10 in

boys and girls' basketball, 12 in girls' volleyball), tryouts will be held. If tryouts are had, all students interested in participating on the CSAL and/or CYO team must participate in the tryouts. A student must participate in a minimum of one tryout session to be considered for the CSAL team. The team will be selected by the head coach of the team, after two tryout sessions have been held. The sessions are open. Consideration will be given to a student's conflicts with practices and games.

**CONTEST-PRACTICE SCHEDULING** Contests are scheduled by the CSAL based upon team and gym or field availability. Tournaments are scheduled by the athletic director based on the league schedule and gym availability. Participation in tournaments at other schools is determined by the athletic director. Practices are scheduled based on the CSAL game schedule, and coach and gym, field, or track availability.

Any off-campus practice or contest, other than a league approved regularly scheduled contest, must be approved in advance by the athletic director and principal.

**AWARDS** The CSAL does not provide awards.

Scholar-Athlete Award. St. Aloysius School presents this award to an eighth-grade boy and girl who have maintained the highest grade point average in the seventh and eighth grade and who participated in each major sport (basketball and football for boys and basketball and volleyball for girls) in both the seventh and grade grades, and has a minimum overall B (85.5%) average.

**GRIEVANCE PROCEDURE** The principal and athletic director are available to discuss program, sport, coach, or student problems or concerns. However, students and parents are urged to first discuss the problem or concern with the coach, where applicable and practicable. If further discussion is warranted, do so with the athletic director. Finally, if the matter is still not resolved, the principal should be contacted.

**REVENUES AND EXPENDITURES**

<u>Area</u>	<u>Revenues</u>	<u>Expenditures</u>
Basketball	Student fees (\$95 base each) Gate (\$3.00 9th grade up) Concession sales	League team fee (\$60) League student fee (\$15 each) Uniform Officials fees Concession supplies Equipment/balls Coaches Gym maintenance Scoreboard maintenance Tournament entry fees

<u>Area</u>	<u>Revenues</u>	<u>Expenditures</u>
	SAS Tournament	
	Team entries (\$70 each)	Awards (trophies/T-shirts)
	Gate (\$3.00 9th grade up)	Officials
	Concessions	Concession supplies
Football	Student fees (\$125 base each)	League team fee (\$60)
	Gate (\$3.00 9th grade up)	League student fee (\$15 each)
	Concession sales	Uniform
		Officials fees
		Concession supplies
		Equipment/balls
		Coaches
		Field maintenance
		Scoreboard maintenance
Track	Student fees (\$65 base each)	Uniforms
		Equipment
		Coach
	SAS Meet	
	Gate (\$3.00 9th grade up)	Ribbons
		Bullets/equipment/supplies
Volleyball	Student fees (\$95 base each)	League team fee (\$60)
	Gate (\$3.00 9th grade up)	League student fee (\$15 each)
	Concession sales	Uniform
		Officials fees
		Concession supplies
		Equipment/balls
		Coaches
		Gym maintenance
		Scoreboard maintenance
		Tournament entry fees
	SAS Tournament	
	Team entries (\$70 each)	Awards (trophies/T-shirts)
	Gate (\$3.00 9th grade up)	Officials
	Concessions	Concession supplies

<u>Area</u>	<u>Revenues</u>	<u>Expenditures</u>
Dinner/Annual Event	Meals	Supplies
General	Powerade	Concession permit Concession products Paper supplies Postage Sam's Club membership

The school-sponsored sports program operates as a separate budget unit of the school. The school does provide the use of field and gym facilities without charge. Department expenditures require the signature of the athletic director and the principal. The general approach to each sport is to balance revenue from the sport with the expenses associated with the sport, except for extraordinary expenses.

A \$35 fee per family is added to the first student registration of a family in a 5<sup>th</sup> to 8<sup>th</sup> grade CSAL school-sponsored or CYO school-based sport, which goes toward the purchase of tickets to a Dinner held in the spring. Tickets are distributed to the students at school about two weeks prior to the Dinner. The net revenues from this annual function is used for extraordinary expenses or special projects.

## SCHOOL-BASED PROGRAMMING - CYO

The school-based athletic program is administered by the program director, with the advice and assistance of the principal. The program, based upon team and league feasibility, includes basketball (5th through 8th grade boys and girls), football (5th grade boys) and volleyball (5th through 8th grade girls). The program is not available to any student who is listed on a CSAL roster. We participate in the Baton Rouge CYO.

**PURPOSE OF CYO** The Baton Rouge CYO is a non-profit organization dedicated to strengthening family, character, discipline, responsibility, and leadership through quality recreation, health, education, and service programs for the citizens of the Baton Rouge community. The CYO sports programming is dedicated to improving the youth sports experience for children in the community. The number one goal is for all participants to have a fun experience in the activity.

No standings are kept nor championships awarded or recognized.

### **ST. ALOYSIUS CYO SCHOOL-BASED SPORTS PROGRAMMING**

"Eligibility for CYO school-based sports (for 5th to 8<sup>th</sup> grades – boys basketball, girls basketball, girls volleyball) shall be subject to the academic and discipline standards applicable to CSAL sport participants. In addition, participation on a CYO team in a grade and for sport in which tryouts are held will be limited to those who participated in the CSAL tryouts."

St. Aloysius School Parent/Student Handbook

**BOYS' BASKETBALL** The **season** begins in December and concludes in March. Practices are held on weekends based on coach and gym availability. League **games** are scheduled at participating schools and are played on weekday evenings and Saturday mornings. In addition, each team may play in one or two tournaments which are held on weekday evenings and weekends. Each student must play at least one full quarter of the game. Each student is issued a **uniform** (game shirt and short) which is to be returned by the student after the season. **Fee - \$130** (Discount to \$95 if, within the current school year, a full registration fee including a family fee of \$35 has been paid for the student or a sibling for a 5th to 8th grade CSAL school-sponsored or CYO school-based sport).

**Age\Grade Eligibility** - The CYO 5th grade team is open to 5th graders who do not become 12 prior to September 1st. The CYO 6th grade team is open to 6th graders who will not become 13 prior to September 1st. The CYO 7/8th team is open to 7th and 8th graders who will not become 15 prior to September 1st. In addition, each student must be St. Aloysius-eligible, be CSAL-eligible, and, for the 6th, 7th, and 8th grades, have participated in the CSAL team tryouts.

**Teams.** If numbers warrant, multiple teams will be formed. Each team will have a separate coach and separate league schedule. A team roster will have a minimum of seven students.

**BOYS' FOOTBALL** The **season** begins in August and concludes in mid November. Practices may be held Monday, Tuesday, Thursday, and Friday after school and on Saturday morning. League **games** are limited to seven and are played on Sunday afternoons at participating schools. Each student is issued a game jersey, helmet, shoulder pads, pants, and other pads which are to be returned by the student after the season. Each student also receives a practice jersey, chin strap, mouthpiece, and red game socks which are retained by the student after the season. Each student must provide his own shoes. **Fee - \$160** (Discount to \$125 if, within the current school year, a full registration fee including a family fee of \$35 has been paid for the student or a sibling for a 5th to 8th grade CSAL school-sponsored or CYO school-based sport).

**Age\Grade\Weight Eligibility** - The 5th Grade team is open to 5th graders who will be at least 10 on September 30th and who do not become 12 prior to September 1st. In addition, each student must be St. Aloysius-eligible and be CSAL-eligible. NOTE that anyone weighing more than 140 pounds is restricted to playing a down lineman position.

**GIRLS' BASKETBALL** The **season** begins in August and concludes in mid November. Practices are held on weekends based on coach and gym availability. League **games** are scheduled at participating schools and are played on weekday evenings and Saturday mornings. In addition, each team may play in one or two tournaments which are held on weekday evenings and weekends. Each student must play at least one full quarter of the game. Each student is issued a **uniform** (game shirt and short) which is to be returned by the student after the season. **Fee - \$130** (Discount to \$95 if, within the current school year, a full registration fee including a family fee of \$35 has been paid for the student or a sibling for a 5th to 8th grade CSAL school-sponsored or CYO school-based sport).

**Age\Grade Eligibility** - The CYO 5th grade team is open to 5th graders who do not become 12 prior to September 1st. The CYO 6th grade team is open to 6th graders who will not become 13 prior to September 1st. The CYO 7/8th team is open to 7th and 8th graders who will not become 15 prior to September 1st. In addition, each student must be St. Aloysius-eligible, be CSAL-eligible, and, for the 6th, 7th, and 8th grades, have participated in the CSAL team tryouts.

**Teams.** If numbers warrant, multiple teams will be formed. Each team will have a separate coach and separate league schedule. A team roster will have a minimum of seven students.

**GIRLS' VOLLEYBALL** The **season** begins in February and concludes in early May. Practices are held on weekends based on coach and gym availability. League **matches** are played on weekday evenings and Saturday mornings and are played at participating schools. In addition, each team may play in one or two tournaments which are held on weekday evenings and weekends. Each match will consist of three games, regardless of outcome and each student must play at least one full game of the match. Each student is issued a **uniform** (match shirt and short) which is to be returned by the student after the season. **Fee - \$130** (Discount to \$95 if, within the current school year, a full registration fee including a family fee of \$35 has been paid

for the student or a sibling for a 5th to 8th grade CSAL school-sponsored or CYO school-based sport).

**Age\Grade Eligibility** - The CYO 5th grade team is open to 5th graders who do not become 12 prior to September 1st. The CYO 6th grade team is open to 6th graders who will not become 13 prior to September 1st. If warranted, the CYO 7/8th team is open to 7th and 8th graders who will not become 15 prior to September 1st. In addition, each student must be St. Aloysius-eligible as to academics and discipline, be CSAL-eligible, and, for the 6th, 7th, and 8th grades, have participated in the CSAL team tryouts.

**Teams.** If numbers warrant, multiple teams will be formed. Each team will have a separate coach and separate league schedule. A team roster will have a minimum of eight students.

**Participation Restriction** - Girls participating in track are not eligible to participate in the CYO girls' volleyball program.

**PLAYING RULES** Copies of playing rules for the various sports may be viewed at the school office or through the athletic director.

**REQUIRED FORMS** [The required forms are distributed at practice or may be obtained from the athletic director, the school office, or the school's "Athletics" web page.]

- (1) Uniform Contract and Conflicts Form.
- (2) Medical History Evaluation/Health Examination Form. Prior to participation in a school-sponsored sport, a completed medical history/health examination form must be signed and submitted indicating the student has taken and passed a medical exam within at least the prior 365 days. A medical history/health examination form must be on file for every student who participates in school-sponsored athletics during the school year.
- (3) Registration, Consent, Medical Authorization, Acknowledgment, and Waiver Form. Prior to participation in any school-sponsored sport, a completed "Registration, Consent, Medical Authorization, Acknowledgment, and Waiver Form" must be signed and submitted.
- (4) Athletic Participation Contract Form.
- (5) CYO Player Registration Form. Prior to participation, a completed CYO Player Registration Form must be submitted. This form is made available to the program director by the CYO.

**CONTEST-PRACTICE SCHEDULING** Contests are scheduled by the CYO based upon team and gym or field availability. Tournaments are scheduled by the athletic director based on

the league schedule and gym availability. Participation in tournaments at other schools is determined by the athletic director. Practices are scheduled based CSAL games and practices, the CYO game schedule, and coach and gym, field, or track availability.

Any off-campus practice or contest, other than a league approved regularly scheduled contest, must be approved in advance by the athletic director and principal.

**AWARDS** The CYO does not provide awards.

**GRIEVANCE PROCEDURE** The program director is available to discuss program, sport, coach, or student problems or concerns. However, students and parents are urged to first discuss the problem or concern with the coach, where applicable and practicable. If further discussion is warranted, do so with the program director.

**REVENUES AND EXPENDITURES**

<u>Area</u>	<u>Revenues</u>	<u>Expenditures</u>
Basketball	Student fees (\$95 base each) Gate (\$3.00 9 <sup>th</sup> grade up) Concession sales	League team fee (\$60) League student fee (\$15 each) Uniform Officials fees Jamboree fees Tournament entry fees Concession supplies Equipment/balls Coaches Gym maintenance
Football	Student fees (\$125 base each) Gate (\$3.00 9 <sup>th</sup> grade up) Concession sales	League team fee (\$60) League student fee (\$15 each) Uniform Officials fees Jamboree fees Concession supplies Equipment/balls Coaches Field maintenance Scoreboard maintenance

<u>Area</u>	<u>Revenues</u>	<u>Expenditures</u>
Volleyball	Student fees (\$95 base each) Gate (\$3.00 9 <sup>th</sup> grade up) Concession sales	League team fee (\$60) League student fee (\$15 each) Uniforms Officials fees Jamboree fees Tournament entry fees Concession supplies Equipment/balls Coaches Gym maintenance

The school-based sports program operates under the program director. The school does provide the use of field and gym facilities without charge. Program expenditures require the signature of the program director and the principal. The approach to each sport is to balance revenue from the sport with the expenses associated with the sport.

A \$35 fee per family is added to the first student registration of a family in a 5<sup>th</sup> to 8<sup>th</sup> grade CSAL school-sponsored or CYO school-based sport, which goes toward the purchase tickets to a Dinner held in the spring. Tickets are distributed to the students at school about two weeks prior to the Dinner. The net revenues from this annual function is used for extraordinary expenses or special projects.

## **USE OF ATHLETIC FACILITIES AND EQUIPMENT**

The athletic director is responsible for the use, maintenance, replacement, and acquisition of school athletic facilities under the general supervision of the principal. Athletic facilities are for the use of St. Aloysius School or St. Aloysius Church sponsored activities and their availability for other uses is subject to the needs of the church parish and school. Use of such facilities is also subject to the policies and procedures of the diocese, church, and school and permission of the school administration.

Individuals or organizations, other than those sanctioned by the Diocese of Baton Rouge, must be prepared to enter into a use/indemnity agreement and provide proof of liability insurance to a level specified by diocesan policy.

## **UNIFORMS AND EQUIPMENT**

The athletic director is responsible for the use, maintenance, replacement, and acquisition of athletic uniforms and equipment under the general supervision of the principal. Athletic equipment is for the use of St. Aloysius School sponsored and school based athletic activities and their availability for other uses is subject to the needs of the church parish and school. Use of such equipment is also subject to the policies and procedures of the diocese, church, and school and permission of the school administration and/or pastor.

Students are not required to purchase sport uniforms. Prior to each sport season, the athletic director will loan out equipment, as applicable, and uniforms with assigned numbers. Once issued, this is the uniform and number that will become part of the official team roster for the season. If the uniform does not fit properly, it will be swapped out. No student is to exchange uniforms, unless approved by the athletic director.

Students are responsible for the uniform during the sport season. The uniform is not to be altered. Any alteration without the consent of the athletic director will result in the full price being paid for the replacement.

If at any time during the season, a uniform has a defect, report it to the athletic director immediately.

All uniforms must be properly handled while washing and drying so uniforms will last for several years. [Do not use detergent with bleach; following washing instructions on labels; wash uniforms inside out; and hand-dry uniforms.]

When the season is over, the equipment, as applicable, and the cleaned uniform is to be returned to school. The uniform (and equipment) must be placed in a bag with the student's name and the contents of the bag listed on the outside. A student's uniform must be returned by the due date. Non-compliance with this policy may result in parents being financially responsible for the full

cost of a replacement uniform (and equipment).

Uniform shirts must be tucked in at all times.

Any additional items to the uniform must be approved in advance by the athletic director.

Not being in proper uniform may result in the student being benched.

**Sport uniform/equipment requirements:**

Basketball:

Uniform (shirt and short) will be provided - to be returned at the end of the season

Plain white socks

Appropriate undergarments

Appropriate footwear

If undershirt is worn, must be plain, hemmed, and same color as jersey

If biking short worn, must be same color as short

No jewelry

Football:

Game jersey, practice and game pants, shoulder pads, and helmet will be provided to be returned at the end of the season.

Practice jersey, chin strap, mouthpiece, and red game socks will be provided to be retained by the student at the end of the season.

Plain white socks.

Appropriate undergarments

Appropriate footwear - cleats with rubber or molded cleats.

If undershirt is worn, must be plain, hemmed, and same color as jersey

Track

Meet shirt and short will be provided to be returned at the end of the season.

Plain white socks

Appropriate undergarments

Appropriate footwear (running shoes must not have spikes more than 1/4 inch in length)

Volleyball:

Uniform (shirt and short) will be provided - to be returned at the end of the season.

Plain white socks

Appropriate undergarments

Appropriate footwear

If undershirt is worn, must be plain, hemmed, and same color as jersey

If biking short worn, must be same color as short

Knee pads

No jewelry

## SANCTIONS

- I. Failure to comply with any aspect of the St. Aloysius School Parent/School Handbook or the St. Aloysius Athletics Handbook may result in consequences as deemed appropriate by the school administration in consultation with the athletic director.
- II. The site supervisor is charged with the safe and orderly conduct of those in attendance at athletic functions. The site supervisor may exclude from the venue any person who, in the site supervisor's judgment, disrupts that safety and/or order. The police may be called to insure safety and order should it be deemed necessary by the site supervisor.
- III. The consequences of (I) include, but are not limited to, the following:
  - (1) Warning—Verbal or written warning to the person by the athletic director or principal.
  - (2) Suspension—Suspension from attendance at St. Aloysius sporting events for a period of time to be decided by the principal up to the remainder of the season.
  - (3) Exclusion— The person is no longer eligible to attend an St. Aloysius sporting event.
- IV. The principal may employ consequences for a single incident or a series of incidents as is deemed appropriate to the situation. The principal is the final authority in such matters.
- V. In addition, any fan, parent, coach, or staff member ejected from a contest will be prohibited from attending or participating in the next contest of the same sport and team.