

CSAL BOYS AND GIRLS TRACK 5TH, 6TH, 7TH, & 8TH GRADES

"AT TRACK, WE RUN A LOT"

PARENT MEETING. A parent meeting will be held on Sunday, February 12 at 5:00 pm in Gymnasium I (OLD GYM).

The required forms must be submitted by February 17.

GIRLS TAKING PART IN TRACK MAY NOT PLAY VOLLEYBALL. BOYS PLAYING A CONFLICTING BASEBALL PRACTICE/GAME SCHEDULE MAY NOT PARTICIPATE.

EACH STUDENT IN THE TRACK PROGRAM IS EXPECTED TO TAKE PART ALL PRACTICES. HOWEVER ATTENDANCE AT TRACK MEETS IS NOT MANDATORY.

The first practices for students participating in track for the first time will be Monday, February 27 and Tuesday, February 28 from 5:30 pm to 7:00 pm at the St. Aloysius Football Field.

The initial practices for the entire team will be held on the St. Aloysius Football Field on Thursday, March 1, from 5:30 pm to 7:00 pm.

There are two levels of competition:

The **6th grade level** is open to (CSAL and SAS eligible) students in the 5th and 6th grades who were at least 10 on September 30th and who did not become 13 prior to September 1st.

The **8th team level** is open to (CSAL and SAS eligible) students in the 7th and 8th grades who did not become 15 prior to September 1st. However, a student repeating the 8th grade who previously participated in CSAL track as an 8th grader is not eligible.

SAS ELIGIBILITY - The school administration may remove any student from eligibility should a serious incident occur during the school day or at a sports or school related activity. Eligibility is based on report cards and disciplinary matters in each nine week reporting period and is only reevaluated at the end of the next nine-week reporting period. (Refer to the School Parent/Student Handbook for further details.)

Season - The season will end on April 28.

Practices - After daylight savings time starts, practices will be held on Monday, Tuesday, and Thursday from 6:00 pm to 7:30 pm. Practices will be held at St. Aloysius with some practices being held at Catholic High School. The number of weekly practices will depend on the number of students participating and track availability.

Meets - The team will compete in five meets. Tentative dates are the following Saturdays - March 17, 24 and 31, and April 14, 21, and 28.]

Uniform - Each player will be issued a team uniform to be returned by the player after the season. Each player must wear the uniform and plain white socks at meets. [**See Uniform Contract and Conflicts Form.**]

Equipment - Each player must provide his or her own shoes.

Fee. \$100 (\$65 if, during the current school year, the player either (a) played CSAL or CYO (5th through 8th) basketball, (b) has a brother who played CSAL football or CSAL or CYO (5th through 8th) basketball, (c) has a sister who is playing CSAL or CYO (6th through 8th) volleyball, or (e) has a brother or sister participating in CSAL track, so long as one \$100 fee is paid. The fee includes tickets to the SAS Athletic Department Dinner on March 9. (The tickets will be distributed prior to the Dinner.) **The check is to made payable to the "St. Aloysius Athletic Department"**.

REQUIRED FORMS - Each student must, prior to such participation, provide (1) a completed uniform contract and conflicts form, (2) a completed medical history evaluation form which verifies that the student is physically able to participate, (3) a completed registration, consent, medical authorization, acknowledgment, and waiver form, and (4) the Athletic Participation Contract form, and (5) a completed parent/athlete concussion information sheet. (These are attached and are available on the school's website.) Forms (2), (3), (4), and (5) do not need to be submitted again if already turned in for the student for 5th to 8th grade football or basketball.

No otherwise eligible player may participate in practice until the required fee and forms are submitted to the school to Ann Soike and confirmed by the athletic director.

PLAYER PARTICIPATION - Team members will receive participate in meet competition. However, meet participation may be based on attendance and participation at practice, attendance at meets, conduct, and attitude.

PARENT PARTICIPATION. In the event that St. Aloysius hosts an invitational meet, a large amount of help is needed to put on a meet and assist with the events. Specific assignments will be made of the parents of the track athletes to help on the meet.

FOR MORE INFORMATION contact Terry Dupuy at 387-5804 or by e-mail at tmd731@cox.net or Jerry Guillot at 342-0614 (office) or 769-9415 (home) or by e-mail at guillotj47@cox.net.

TRACK UNIFORM CONTRACT, CONFLICTS FORM

Student's Name _____

Grade _____

UNIFORM CONTRACT

[Your child's jersey and short size will be based upon measurements to be taken at school.]

I acknowledge that my child will be issued a uniform with replacement cost listed below:

<u>Uniform/Equipment Item</u>	<u>Replacement Cost</u>
Jersey	\$19.00
Shorts	\$20.00

I understand that I am responsible for the care and return of the uniform. I understand failure to return the uniform by the date set for return and/or to return the uniform in unusable condition will result in my having to pay for each replacement.

Signature of Parent or Guardian

CONFLICTS

(List all activities that will conflict with practice or meets as described below)

1. Practices are on Monday, Tuesday, and Thursday at 5:30-7:00 (before daylight savings time), then 6:00 to 7:30 pm in daylight savings time. **[Participants are expected to be at all practices.]**
2. Meets are held on Saturday morning until midafternoon or on Sunday between 1:00 pm and 7:00 pm. [Tentative dates are the following Saturdays - March 17, 24, and 31 and April 14, 21, and 28]
3. Travel to away meets is required.

CONFLICT(S) (Describe activity)	Days Involved	Starting time	Ending time
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1. _____

2. _____

3. _____